



A Simple Parent Check-In

- Know what apps, games and platforms your child uses.
- Review privacy, chat, friend-request and location settings together.
- Talk about what to do if something online feels wrong—and make sure they know they can come to you.

Safety laws and local rules can change. Verify current requirements before relying on printed material.

Base Boundaries & Distance Management

Learn self defense concepts and principles related to these topics during this free 2-hour class for teens! (12 years and older)

Sunday, Oct 25
10 a.m.–12 p.m.

Warrior Strength Martial Arts



To register scan the QR code or email: chanaumi@bellevuewa.gov



For alternate formats, interpreters, or reasonable modification requests please phone at least 48 hours in advance 425-452-4864 (voice) or email rdaly@bellevuewa.gov. For complaints regarding modifications, contact the City of Bellevue ADA, Title VI, and Equal Opportunity Officer at ADATitleVI@bellevuewa.gov.

BPD-26-89081



Protect & Connect Safety Resources

Practical information to help Bellevue families stay informed, connected and safe.



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Bellevue Police
Foundation

E-Bike Safety

Know Your Ride

Bike and e-bike education for Washington families:

knowyourride.org

E-Ride Guide

Washington Traffic Safety Commission:

wtsc.wa.gov/wp-content/uploads/2026/01/E-Ride-Guide.html

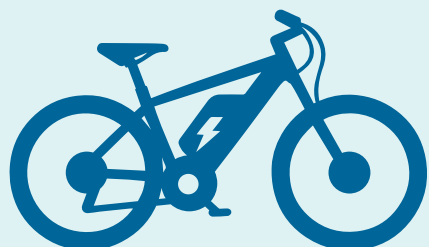
E-Bike and Electric Motorcycle Safety

City of Bellevue:

bellevuewa.gov/e-mobility-safety

E-Bike Classes

- **Class 1:** Motor provides assistance only when pedaling and stops assisting at 20 mph.
- **Class 2:** Motor may propel the bicycle without pedaling and stops assisting at 20 mph.
- **Class 3:** Motor provides assistance only while pedaling and stops assisting at 28 mph.



Traffic & Pedestrian Safety

Safe Routes to School

City of Bellevue

bellevuewa.gov/srts

Child Pedestrian Safety Curriculum

NHTSA

nhtsa.gov/pedestrian-safety/child-pedestrian-safety-curriculum

Driving Laws

Washington State Attorney General:

atg.wa.gov/driving-laws

Did You Know?

- Washington teen drivers with an intermediate license cannot drive friends under 20 during the first 6 months, and nighttime driving is restricted from 1–5 a.m. (with limited exceptions).
- No painted lines does not necessarily mean “no crosswalk.” Washington generally recognizes legal crosswalks at roadway intersections, and drivers must yield to pedestrians in crosswalks.



Internet Safety

NetSmartz

National Center for Missing & Exploited Children

missingkids.org/netsmartz/home

Digital Skills & Parent Tips

Common Sense Media

commonsensemedia.org/digital-skills

National Center for Missing & Exploited Children

missingkids.org/home

Did You Know?

- A child does not have to type an address to reveal where they are. Photos, location settings and app permissions can expose location or routines.
- “They met me in a game” does not mean they are a kid. Adults can pretend to be children online, and gaming platforms can allow private chats, friend requests and voice communication.

A Conversation Can Be Your Child's Best Safety Tool

“If something happens online that scares, embarrasses or worries you, you can always come to me. You will not be in trouble for telling me.”

Talk. Listen. Connect.